

# SPORTS PACKAGES EMC

## **European Medical Center introduces the Cardio Vascular Health programs**

As Cardio Vascular (CV) diseases, metabolic troubles including Diabetes and cerebral stroke are the main causes of mortality, International EMC established for you personalized health programs based on the international WHO (World Health Organization) recommendations.

### **Be smart before you start!**

Before beginning your new or developed exercise program make an appointment with our cardiologist, come to EMC and see our specialists.

With our especially customized "Fitness CV Aptitude package" you'll get a consultation with Spirometry and an EKG for only 40 usd.

Take this offer and call for an appointment .

Optional checks like blood tests, holter EKG/blood pressure during exercise can additionally be arranged.

For more information about other Fitness & Athletic CV packages like the "Young Adults Sport CV package (Consultation /EKG/ Spirometry /Echocardiography) and the "Extensive Fit Check-up" (Consultation /EKG/StressTest/Spirometry/Echocardiography) or other Cardio Vascular packages, please contact our Marketing department at 6 264 67 04 or by email [emc@ghs.com.vn](mailto:emc@ghs.com.vn)

## **Fitness and Athletics Programs:**

- [Fitness CV Aptitude Consultation:](#) Consultation /EKG/ Spirometry : 40 usd
- [Young adults Sport CV program :](#)  
Consultation /EKG/ Spirometry/Echocardiography: 65 usd
- [Basic adults Fitness CV Check :](#) Consultation, EKG + Stress test : 50 usd
- [Fitness extensive Check-up :](#)  
Consultation /EKG/StressTest/Spirometry /Echocardiography: 95 usd

*Optional : Blood tests , Holter EKG/BP at rest or during Exercise.*  
*Add 25 usd if CS with Dr Expat*